



The Ultimate Beach Trip Packing List

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You don't need more stuff. You just need the right stuff.

Underlined items are linked to my favorite travel items

Travel Documents & Money

- ☐ Driver's license / photo ID
- ☐ Passport / visa (if international)
- ☐ Credit cards with no foreign transaction fees (x2)
- ☐ Cash / local currency
- ☐ Travel insurance information (if purchased)
- ☐ Boarding passes / transportation confirmations
- ☐ Hotel / rental confirmations
- ☐ Health insurance card + emergency contact info
- ☐ Digital copies of important documents

Clothing & Accessories

- ☐ Swimsuits (bring more than one)
- ☐ Swim cover-ups
- ☐ Sunglasses
- ☐ Sun hat
- ☐ Sandals or flip-flops
- ☐ Water shoes
- ☐ T-shirts / casual shirts
- ☐ Shorts
- ☐ Dresses / skirts
- ☐ Jeans / lightweight pants
- ☐ Light sweater or packable jacket
- ☐ Comfortable walking shoes
- ☐ Athletic shoes / workout gear
- ☐ Undergarments / bras / socks
- ☐ Pajamas
- ☐ Belt / jewelry
- ☐ Beach bag
- ☐ Small purse / crossbody bag

Travel Essentials

- ☐ Packing cubes
- ☐ Luggage scale
- ☐ AirTag or luggage tracker
- ☐ TSA-approved luggage locks
- ☐ Reusable water bottle
- ☐ Compression bags
- ☐ Travel laundry packets
- ☐ Shoe organizers
- ☐ Kindle or tablet (optional)
- ☐ Snacks for travel day
- ☐ Change of clothes in your carry-on

Toiletries, Sun & Health

- ☐ Prescription medications
- ☐ Basic OTC medications / pain relievers
- ☐ Vitamins
- ☐ Toothbrush and toothpaste
- ☐ Dental floss
- ☐ Soap / body wash
- ☐ Deodorant
- ☐ Shampoo and conditioner
- ☐ Hairbrush / comb
- ☐ Travel hair dryer or straightener
- ☐ Facial cleanser
- ☐ Moisturizer
- ☐ Sunscreen
- ☐ SPF lip balm
- ☐ Aloe / after-sun cream
- ☐ Insect repellent
- ☐ Shaving supplies
- ☐ Glasses / contacts + solution

Toiletries, Sun & Health (cont'd)

- ☐ Makeup / makeup remover
- ☐ Personal / menstrual care items

Beach Gear

- ☐ [Beach umbrella](#)
- ☐ Beach towels
- ☐ Beach blanket
- ☐ [Beach chairs](#)
- ☐ Beach toys / sport games
- ☐ Inflatable floats / flotation devices
- ☐ [Snorkel gear](#)
- ☐ [Cooler or insulated tote](#)
- ☐ [Waterproof phone case](#)
- ☐ [Portable speaker](#)
- ☐ Beach safe
- ☐ Reusable baggies / small dry bag

Also Don't Forget

- ☐ Keys
- ☐ Itinerary / maps / directions / guidebook
- ☐ [Compact umbrella](#)

Beach Packing Advice

Pack more than one swimsuit so you always have a dry one, and keep one in your carry-on. Check whether your hotel or vacation rental provides towels, chairs, umbrellas or other bulky beach gear before you pack it. Plan ahead for wet and sandy items, and protect phones and electronics from water and sand.

See all my favorite travel gear: <https://simplypointstravel.com/travel-essentials>

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My Favorite Beach Trip Tip

Before you pack bulky beach gear, check what your hotel or rental already provides. And bring reusable bags or a small dry bag for wet swimsuits, sandy towels and electronics.

Notes:

- ☐ Nail file / clippers / tweezers
- ☐ Hand sanitizer / wipes / tissues
- ☐ [Small first-aid kit](#)
- ☐ [Blister bandages](#)

Travel Tech

- ☐ Cell phone & charger
- ☐ [Portable charger](#)
- ☐ [Charging cable\(s\)](#)
- ☐ [Universal travel adapter](#)
- ☐ Camera + charger
- ☐ [AirPods or headphones](#)
- ☐ Laptop + charger (if bringing)

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